



Inflammation, Microbiome & Alimentation Gastro-Intestinal & Neuropsychiatric Effects

The latest news and updates from the IMAGINE Network

WELCOME MESSAGE

It is with great excitement that we are announcing that the IMAGINE Network has been approved for Phase 2 funding by the Canadian Institutes of Health Research.

While our research in Phase 1 is still on-going, there have been significant insights that will be leveraged in Phase 2. This next phase of the Network will translate knowledge gained from earlier research into tangible supports and tools that will improve care for IBD and IBS patients.

In particular, our next stage will develop and implement programs that focus on:

1. Mental Health – understanding the brain-gut connection and the impact that GI diseases have on mental health
2. Diet – understanding the impact of diet on overall GI health
3. Microbiome – investigating the effectiveness of microbiome-based therapies for persons living with GI diseases
4. Patient Supports – promoting programs and services that improve health outcomes for persons living with GI diseases



www.imaginespor.com

There are a several cross-cutting themes that also be supported by the Network moving forward including:

- Patient Engagement & Capacity Building
- Equity, Diversity & Inclusion
- Indigenous Community Engagement



We are extremely grateful for all of the support from our community during the application phase including patients, researchers and clinicians who worked with us to shape our vision for the Network into a successful and meaningful proposal. We would like to especially thank our patient research partners as well as our Indigenous and our equity, diversity and inclusion leads and co-investigators, for their expertise and insight throughout the application process.

Also, we would like to acknowledge the contribution from all the partners including hospitals and universities, pharmaceutical sponsors, and health organizations that provided matched funding and in-kind support to IMAGINE.

As we continue to move forward with IMAGINE, we remain committed to sharing our progress with our community and collaborating with our stakeholders to achieve meaningful results.

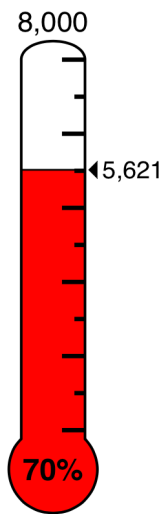
Aida Fernandes,
Executive Director,
IMAGINE Network

We are excited to announce our new leadership team as IMAGINE moves on to Phase 2 of our network.



RECRUITMENT UPDATE

Current Recruitment Status



Current recruitment for IMAGINE's MAGIC study is **5,621**. We have reached our goal of 2,000 Crohn's disease participants, and are getting closer to our goal of 8,000 total recruitment.

As always, we would like to thank those of you who are participating in our study. Please spread the word about the MAGIC Study and help us boost recruitment and get to our goal!

We are especially in need of healthy individuals (those without underlying gastrointestinal disease) to join the MAGIC study.

[Visit our website to find out more about MAGIC.](#)

IMAGINE TRAINEE AWARDED CIHR HEALTH SYSTEM IMPACT FELLOWSHIP



Congratulations to Postdoctoral Associate at the University of Calgary Cumming School of Medicine, **Adrijana D'Silva**, who has been awarded a CIHR Health System Impact Fellowship in partnership with IMAGINE!

Adrijana's work aims to develop, evaluate, and implement a self-management support model of care with patients and primary care providers to improve the lifestyle management of IBS across primary care in Alberta. Advancing self-management in care has the potential to lead to improved outcomes for patients, healthcare providers, and the healthcare system for amore healthy and productive community. Adrijana welcomes Drs Mary

Moydayil and Judy Seidel as co-supervisors/co-mentors from the health systems side and Dr. Deborah Marshall, from University of Calgary, for the academic side of her fellowship.

Adrijana completed her PhD at the University of Calgary in the Faculty of Medicine under the supervision of

TRAINING OPPORTUNITY: BUILDING AN AWARENESS OF CULTURAL HUMILITY

The IMAGINE Network is strongly encouraging our members to participate in this important training opportunity being put on by the University of Saskatchewan.

Course Description:

A jointly created online course by Continuing Medical Education (CME) and Continuing Education in Rehabilitation Science (CERS) intended for health service staff who are not medically trained, as well as students interested in or already engaged in health science education.



The course has been divided into 2 modules (5 topics), each of which is broken into relevant topics related to the theme of each module.

Topic 1: How do my Beliefs and Culture Affect My Communication with Others?

Topic 2: Racism in Health Care

Topic 3: Residential Schools & Intergenerational Trauma

Topic 4: Relationship Building and Communication Strategies to Enhance Cultural Safety

Topic 5: Advocating for Cultural Responsiveness and Anti-Racism for Indigenous Peoples

Through your participating in the course, you will be able to:

- Identify how your background and culture influences both your health care experiences and the care you provide.
- Explore how 'cultural genocide' led to intergenerational trauma that impacts the health and wellness of Indigenous peoples.
- Identify how the current health disparities and institutional experiences including racism faced by Indigenous peoples have their roots in historical colonialism and policy.
- Explain how reclaiming Indigenous culture and beliefs may allow for healing
- Identify ways you can enhance your practice to ensure culturally responsive, anti-oppressive and anti-racist care for Indigenous Peoples.
- Develop communication strategies that promote culturally responsive health care for Indigenous Peoples in your area of practice.

This online course is self-directed. Participants are expected to complete the online modules at their own pace, within their registered eight-week session.

For more information, [visit the course website.](#)



Registration Fees: \$150 +GST (*IMAGINE Network members will be reimbursed for fees upon successful completion of the course; contact vandenev@mcmaster.ca for details.

Need help?

conference.events@usask.ca

Last day to register is October 16, 2022!

THANK YOU TO OUR FUNDING PARTNERS



>\$2,000,000



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STAY IN TOUCH!

Have you toured the **IMAGINE**
website lately?

- [Meet our team](#)
- [Read about IMAGINE's MAGIC study](#)
- [Learn about Patient Engagement](#)
- [View past newsletters](#)

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