



Inflammation, Microbiome & Alimentation  Gastro-Intestinal & Neuropsychiatric Effects

## The latest news and updates from the IMAGINE Network

### CHAIR'S MESSAGE

It's hard to believe that the IMAGINE Network is starting its fourth year. When I look back over the past three years, I'm truly impressed with all that we've accomplished. The [MAGIC study](#) is recruiting at a record pace and the [sub-studies](#) are making incredible progress, some have even completed their work. Read about our progress in our [Year 3 Annual Report](#).

This past September the Network held its [Annual Meeting](#) and we had an opportunity to connect with all the study and working group leads and Patient Research Partners. We were also delighted that some special guests joined us, including [Guts & Glory](#) podcasters, Chantel and Lisa, where they met with several IMAGINE representatives and recorded three episodes on Patient-Oriented research (listen via [iTunes](#) or [FM player](#)), Fecal Transplantation and Mental Health in GI diseases. Stay tuned as these episodes become available over the next few weeks.

We thank everyone for your continued support in making IMAGINE a success!



Dr. Paul Moayyedi,  
Co-Principal Investigator,  
IMAGINE Network

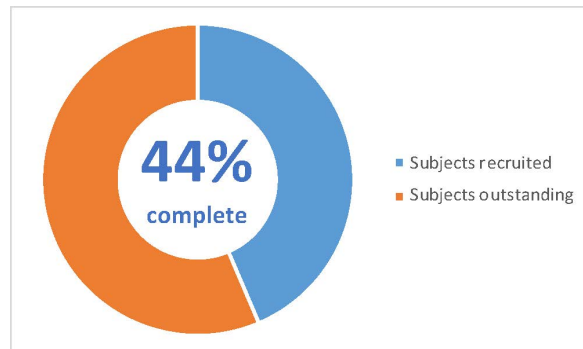


### BY THE NUMBERS: A "MAGIC" UPDATE

Current recruitment for IMAGINE's MAGIC study is **3,448**. That means we're almost halfway to **our goal of 8,000!**

Forty-one percent of participants are Crohn's disease patients while 26% have ulcerative colitis.

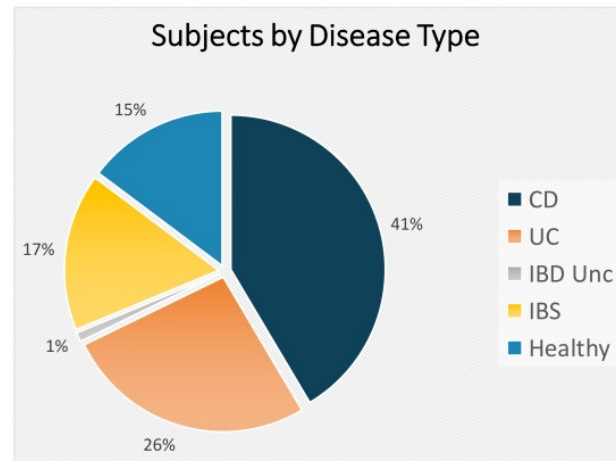
We are still in need of healthy individuals (those without



underlying gastrointestinal disease) to join the MAGIC study.

If you, or someone you know, is interested in participating, [click here to find a recruitment site near you.](#)

[Visit our website to find out more about MAGIC.](#)



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## IMAGINE 2019 ANNUAL MEETING RECAP

On September 21-22, 2019 the IMAGINE Network met for our annual meeting at the ALT Hotel Toronto Airport.

Thanks to all our Network members who made it such a successful and informative meeting!

[Check out some of the meeting highlights here](#)

[Learn more about our team](#)



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## MEET THE TEAM: NEW PATIENT RESEARCH PARTNERS

IMAGINE would like to welcome **Emma Neary** and **Sophia Khan** as our newest Patient Research Partners!

Emma is a first-year medical student at Queen's University and a Queen's Accelerated Route to Medical School (QuARMS) alumni, as well as a native of St. John's, Newfoundland and Labrador. Having been diagnosed with IBD in 2014 and psoriatic arthritis in 2017, her first-hand experience as a patient with chronic illnesses has shaped her interests in the fields of medicine and research. Currently, she is researching the relationship between opioid receptors and pain signalling in the gut at the Gastrointestinal Diseases Research Unit (GIDRU) in Kingston, ON. as a student researcher.



Based in Calgary, Sophia lives with Crohn's disease and neutropenia. Her journey through life has been immensely impacted by Crohn's. She has experienced the myriad of treatments used to treat Crohn's and understands the complexities of living with a chronic illness. Sophia is a patient advisor within the Digestive

Health SCN Committee in Alberta and is pursuing advocacy work with Crohn's and Colis Canada. Sophia joined IMAGINE with the intention to give back to the healthcare community. She hopes to be a voice that gives honest insight into the patient narrative.

[To read more about Emma and Sophia, check out their full bios here](#)



Top: Emma Neary; Bottom: Sophia Khan

## CALL FOR PARTICIPANTS!

A peer-to-peer **study on the psychosocial relationship between individuals with IBD and food** is looking for participants.

This IMAGINE-sponsored research project aims to investigate the complex and dynamic relationship that young adults between 18 and 35 years old with IBD have with food.

This is a peer-to-peer research study being led by interns in the Patient and Community Engagement Research (PaCER) program. These interns have the patient experience themselves and want to hear the voice of the patient to create a better foundation for the medical community when it comes to future healthcare experiences.

[Learn more about this study and how you can participate](#)

[Read about the PaCER Program](#)

[Get to know IMAGINE's PaCER interns](#)

Interested in Participating in IBD Research?

**Come join our study!**  
A Peer To Peer Study on the Psychosocial Relationship Between Individuals with IBD and Food



We are patients trained to conduct research with other patients. This study is conducted by PaCER interns.

Requirements to participate in this study:

18-35

Must be between the ages of 18-35  
Must be residing in Canada



Time commitment of up to 4 hours for an online focus group, or up to 60 minutes for an online interview



Must be able to speak english fluently



Self identify with having been diagnosed with IBD (such as Crohn's disease, ulcerative colitis, or indeterminate colitis)



UNIVERSITY OF CALGARY  
O'Brien Institute for Public Health



Interested?



For more information, or if you wish to participate, please contact Sunny Loo at [sunny.loo@ucalgary.ca](mailto:sunny.loo@ucalgary.ca)



To learn more, please visit <https://ibd-food.wixsite.com/research>

Ethics ID: REB19-0989

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board

## Stay In Touch!

Have you toured the IMAGINE website?

- [Meet our team](#)
- [Read about IMAGINE's MAGIC study](#)
- [Learn about Patient Engagement](#)
- [View past newsletters](#)



Learning



IMAGINE is the leading provider of research and clinical studies for HIV, Hepatitis B, and Hepatitis C. We are currently looking for participants in our studies. If you are interested in participating, please contact us at [info@imaginepor.com](mailto:info@imaginepor.com) or call us at 1-800-458-4646.

Dr. Paul Brumley  
Principal Investigator, HIV-1 Study

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