



Inflammation, Microbiome & Alimentation  Gastro-Intestinal & Neuropsychiatric Effects

The latest news and updates from the IMAGINE Network

NETWORK MESSAGE

As we begin a new year, I can't help but reflect on the progress of the past. 2019 was an incredible year for the IMAGINE Network. Notably, we have nearly reached the halfway mark of our recruitment goal for our main cohort study, MAGIC.

We've recruited approximately 4,000 out of the 8,000 subjects, thanks to the tireless efforts of our recruitment site directors and coordinators from across the country. A number of new sites came on board in 2019 including St. John's, Toronto, Montreal, Ottawa and Vancouver.

Also, of particular interest, our Network launched a number of new research studies in the areas of fecal transplantation, diet and mental health. To learn more about these projects and the research teams leading them, [visit our website](#).

We hope you enjoy this issue of our e-newsletter and we encourage you to read on to learn more about all of the exciting Network news and activities.



Glenda MacQueen

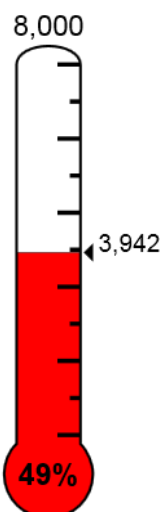
Dr. Glenda MacQueen,
Co-Principal Investigator,
IMAGINE Network

MAGIC RECRUITMENT UPDATE

Current recruitment for IMAGINE's MAGIC study is **3,942**. That means we're almost halfway to our goal of 8,000!

A big thank you to those of you who are participating in our study!

We are still in need of healthy individuals (those



YEAR 3 ANNUAL REPORT

We are proud to share our [Year 3 Annual Report](#). This report highlights the achievements and progress that the IMAGINE Network has made over the past year.

We would like to thank all of our research and financial partners that have made our work possible and look forward to even more accomplishments as we enter Year 4!

without underlying gastrointestinal disease) to join the MAGIC study.

If you, or someone you know, is interested in participating, [click here to find a recruitment site near you.](#)

[Visit our website to find out more about MAGIC.](#)



**YEAR 3 ANNUAL
REPORT**
MARCH 2018 – MARCH 2019



GUTSY LEARNING SERIES FEATURES IMAGINE RESEARCH

On November 28, 2019, the Crohn's and Colitis Gutsy Learning Series took place in Toronto. The event covered the exciting innovations in the management of inflammatory bowel disease including Cognitive Behavioural Therapy (CBT), mindfulness and Acceptance-Commitment Therapy (ACT); and Fecal Microbiota Therapy (FMT).

IMAGINE research coordinator at our McMaster site, Melanie Wolfe, presented about IMAGINE's FMT sub-studies at the event and talked about the importance of these studies and also how to educate and get patients excited about FMT. Congratulations Melanie!



Melanie Wolfe, left, speaks on the panel.



Melanie Wolfe, right, presents about FMT for IBD.



IMAGINE FEATURED ON CBC

Dr. Tony Otley, IMAGINE site lead at the IWK Health Centre in Halifax was featured on CBC talking about the MAGIC study and promoting recruitment. Thanks Tony for spreading the word about IMAGINE!

[Read the full article here.](#)

MEET THE TEAM: WELCOME KARTHIKA!

CONGRATULATIONS PaCERs!

IMAGINE would like to congratulate our 2019 PaCER interns who will be



IMAGINE would like to welcome **Karthika Yogaratnam** as our newest Patient Research Partner joining our Knowledge Translation, Education and Policy working group

Karthika is a public health professional, with a Master of Public Health in Population Health Sciences. In her current role as a Research Associate with Saint Elizabeth Research Centre, she is actively working on projects that emphasize bridging the gap between system innovation and current practice.

Karthika was formally diagnosed with Crohn's disease in 2018. The long road to a formal diagnosis sparked her interest in joining IMAGINE, where she wants to help equip those who may be going through similar experiences with the right tools to access the services they need, when they need it.

[To read more about Karthika and our other Patient Research Partners and their work, click here.](#)

graduating from the PaCER program!

We look forward to hearing more about their PaCER projects and their findings in an upcoming issue of our newsletter. [Learn more about the PaCER program here.](#)



IBD National Team (left to right): Sunny Loo, Kwestan Safari, Kim Daley, Deirdre Walsh (Mentor), Jenna Rines



IBD Alberta Team (left to right): Esther Halton (Mentor), Doug McKay, Lindsay Rizkalla, Jeanette Van Roosmalen, Marcia Bruce, Sherri MacLean, Kendra Vandenhoven

Stay In Touch!



Have you toured the IMAGINE website?

- [Meet our team](#)
- [Read about IMAGINE's MAGIC study](#)
- [Learn about Patient Engagement](#)
- [View past newsletters](#)

www.imaginespor.com



